

Northeast Region CHNS/CHPS

January 2015 Report

Karen Davis, CHNS

- Planned and assisted with the Tobacco Puppet Show at the CHPS/CHNS Statewide meeting to show what our region is doing for Tobacco Prevention to K-3rd graders
- Tobacco Puppet Show presented to Maynard KG, 1st, 2nd and 3rd graders to approximately 100 students
- Tobacco Program presented to the HIPPY Caseworkers for the Preschool Programs – Educated participants on Act 811, Effects of 2nd hand smoke, Cessation Programs and distributed handouts on each subject. I also included dangers of Electronic Cigarettes
- Presented Smokeless Tobacco Prevention/Cessation Programs at Maynard School to 7th, 8th, 9th, 10th, 11th and 12th grade students. Education provided on the dangers of Electronic Cigarettes and Smoking. There were approximately 300 students and teachers at the presentation.
- Presentation provided on STD/Teen Pregnancy/Hygiene programs to 7th and 8th grade students at Maynard. The girls and boys were separated so questions may be easier to be asked. Approximately 60 students and adults attended.
- Tobacco – Hand Washing – Nutrition – Presented to 10 classes of 2nd, 3rd and 4th grade students on the effects of tobacco including , Prevention, Act 811 and dangers of E - Cigarettes. The program GO, SLOW and WOW Nutrition Program was presented and also Hand Washing. All of these programs were given to educate on how important our Immunity System is to us. Presentation provided to approximately 250 students

Cindy Schaefering, CHNS

- Presented the puppet show, A Trip to Nicotine Land, along with the other NE CHNS' to the attendees of the statewide CHNS & CHNS meeting
- Melbourne High School: Attended a Basketball game with an educational/interactive table on the harmful effects of tobacco use. This was in conjunction with the Tobacco Grantees from Izard and Fulton counties. Student were educated Act 811 and displays were used to assist in the education of the effects of different tobacco products.
- Collaborated/partnered with a Lunch and Learn session for members of the Melbourne medical community. This lunch was in conjunction with the Izard County Tobacco

Grantee. A skit was presented on a brief intervention with the 2A's and R being demonstrated. Attendees were educated on information from the ARSTOP.org website and other helpful websites. Information on e-cigarettes was provided to attendees, who were very eager to learn more about this method of nicotine usage.

- Provided BLS/ CPR training to school staff members from Salem and Mammoth Spring, who will be attending the CPR Instructor Training course provided by the Ozarka Blue and you grant. This grant will allow a staff member from nine school districts to become CPR Instructors.
- Presentation provided to the Highland Head Start on hand washing. This was presented with all three classrooms, reaching a total of 54 children and 7 staff members. The Glo-Germ product was used to show children how easily germs are transferred from one person to another. This also demonstrated the importance of hand washing. Children were able to see how many germs were left behind after they thought they properly washed their hands.
- Partnered with Cindy Jones, CHNS on STD-Teen Pregnancy presentation for Heber Springs Middle School 8th grade students. A slide presentation went over the differences between bacterial and viral STD's, testing, treatment, consequences and prevention of STD's and teen pregnancies. Students were provided with information about the LHU and the services available to them. Education provided on e-cigarettes and what students believed to be truth about them was very informative to all. Students were given time to ask questions and have them answered in a non-judgmental atmosphere.

Dani Ennis, CHPS

- Maynard Elementary Tobacco Puppet Show- presented the tobacco Puppet show to K-3rd grade students. After Presentation we educated on the hazards of smoking and Act 811.
- Nettleton High School- Presented the Emerging Tobacco products to High School Teachers. Spoke with 18 Teachers on E-cigarette and new products and how easy it is to buy and hide the products.
- Nettleton Junior High School- Presented the Emerging Tobacco products to Junior High School Teachers. Spoke with 20 Teachers on E-cigarette and new products and how easy it is to buy and hide the products.
- Fox Meadow Elementary- Presentation provided on Emerging Tobacco products to Elementary teachers. Educated on how the Tobacco companies disguise the products like non harmful products and how they target children.

- Fox Meadow Intermediate- Presentation provided on Emerging Tobacco products to Elementary teachers. Discussed how the Tobacco companies disguise the products like non harmful products and how they target children

Becky Lamb, CHNS

- Provided CPR/AED & First Aid Training for Sunshine School and New Hope Staff (30 attended CPR and 50 attended First Aid)
- 3 Shaken Baby Syndrome Presentations at Des Arc High School (41 high school students)
- 6 Shaken Baby Syndrome Presentation at Hazen High School for (64 high school students)
- At the Lonoke County HHI Meeting, I presented ATV Safety which included the Power point Presentation and discussion of the toolkit (“A Trip Unplanned” video, posters, Brochure, and facilitator guide).
- Lonoke Coalition Meeting: The “up from the root” video was shown and the coalition discussed ways they could address physical activity and nutrition in our communities.
- White County Safety Baby Shower (12 attended) in addition to safety topics, the presentation included education on Secondhand smoke and tobacco cessation information for attendees.
- Attended Pangburn School Wellness Committee Meeting and answered questions about the School Health Index.

Laura Cook, CHNS

- Provided Scoliosis Screening certification training and an Obesity Prevention and Education training for new school nurses. 7 attended Scoliosis and 9 were in attendance at the Obesity training. Included education about Emerging Tobacco Products, WIC and IP to participants.
- Presentations on Emerging Tobacco Products provided to staff/teachers at University Heights Elem and then to University Heights Intermediate staff/teachers. Reached 36 participants.
- Provided CPR/AED training to Harrisburg Mother’s Club. Included information about health dept. services offered, flu, immunizations, and educated on the Emerging Tobacco products

- Assisted with scoliosis and BMI screenings at Wynne Jr High School. Shared information with students about the dangers of tobacco and the importance of good nutrition and exercise. Screened over 400 students.
- Compiled NE and NW CHNS monthly report for Supervisor
- Attended Poinsett County Partners in Health meeting, took the minutes and discussed plans for upcoming teen summit